

Spring Planting Guide

Santa Barbara, CA

Healing Grounds Nursery

(805) 689-3044

healinggroundsnursery.com

healinggrounds@cox.net

All Spring	March	April	May
Artichoke	Beans (bush and pole varieties)	Beans	Beans
Beets	Cabbage	Cabbage (small heads)	Cabbage
Broccoli	Chives	Celery	Celery
Carrots	Fava and Soy Beans	Chives	Cucumbers
Cilantro	Kohlrabi	Cucumbers	Herbs (sage, thyme, chives, basil, parsley)
Greens	Onions	Garlic	Mustards
Kale	Pac Choi	Mustards	Peppers
Lettuces	Parsnips	Peas	Radishes
Parsley	Peas	Radishes	Rocket/Arugula
Potatoes	Rocket/Arugula	Rocket/Arugula(shade)	Romanesco Broccoli
Spinach	Tomatoes (early, cherry varieties)	Summer Squash	Summer Squash
Strawberries (Day Neutral)		Tomatoes	Tomatoes
Swiss Chard			

For more information on planting techniques and worm composting visit: www.healinggroundsnursery.com.

Buy our seedlings find us at the Farmers Markets Saturdays Downtown 8:30-1 and Sundays Camino Real Marketplace Goleta 10-2.